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Welcome to APhA-ASP Summer Leadership Institute



WOMEN'S HEALTH

APhA Academy of Student Pharmacists

Thank you to



the supporter of the
APhA-ASP Women's Health Campaign

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Question 1

How many pregnancies in the US were unplanned in the year 2011?

- a) 15%
- b) 60%
- c) 25%
- d) 45%

More than 99% of women in the U.S. who are sexually active have reported using some method of contraception, but nearly half of pregnancies are unintended.

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Question 2

At what age is it recommended to begin cervical cancer screenings?

- a) 21
- b) 18
- c) 16
- d) 35

Women should start screening at age 21. Women older than 65 who have had adequate prior screening and are not otherwise at high risk can stop screening.

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Question 3

When was the APhA-ASP Women's Health Campaign launched?

- a) March 2016
- b) July 2018
- c) August 2004
- d) March 2018

December 1, 2018 → 36 chapters

June 15, 2019 → 50 chapters

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Question 3

How is HPV transmitted?

- a) Skin to skin contact
- b) Bodily fluid exchange
- c) Blood contact
- d) Airborne droplets

Contraception discussions with patients also provide an excellent opportunity to discuss HPV awareness and the vaccine. HPV can lead to several types of cancer.

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Question 4

Which one of the following conditions is a contraindication for the use of CHC?

- a) Suspected STD
- b) Migraine with aura
- c) Marijuana usage
- d) Use of SSRIs

The U.S. Medical Eligibility Criteria for Contraceptive Use (USMEC) guideline recommendations are based on medical conditions.

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Where Can We Help?





Women's health is an opportunity to advocate for the changing role of the pharmacist.

States with enhanced laws	Birth control coverage without a co-pay or deductible	Coverage of OTC medications without a prescription	Pharmacist-prescribed birth control pills*	Insurance coverage of one year's supply
California	X		X	X
Colorado			X	X
Connecticut	X			X
Delaware	X	X†		X
Hawaii			X	X
Idaho			X	
Illinois	X	X		X
Maine	X			X
Maryland	X	X	X	X
Massachusetts	X	X†		X
Nevada	X			X
New Mexico	X (2020)	X (2020)	X	
New Hampshire	X		X	X
New York	X	X† (2020)		X
Oregon	X	X	X	X
Rhode Island				X
Tennessee			X	
Utah			X	
Vermont	X			X
Virginia				X
Washington	X	X	X	X
Washington, D.C.	X		X	X
West Virginia			X	
Total	15	8	13	18
Got questions? Write us at freethepill@gmail.com				

*In some of these states, pharmacists need a collaborative partnership with a physician or advanced practice clinician in order to prescribe birth control pills.

†OTC coverage limited to emergency contraceptives only

updated June 26, 2019



NASPA Advocacy Resources

- <https://naspa.us/resource/contraceptives>



Pharmacists Provide Access to Care

Birth Control Access in Community Pharmacies



Contraception has been named by the CDC as one of the 10 great public health achievements of the 20th century.




In 2016, California and Oregon authorized pharmacists to prescribe contraceptives.



Since 2016, four more states have given pharmacists this authority - and many more are considering.



Pharmacists are accessible. 93% of Americans live within 5 miles of a community pharmacy!



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Pharmacist Prescribing for Hormonal Contraceptive Medications

POSTED ON MAY 24, 2019

Currently, there are 10 U.S. jurisdictions with statutes or regulations that allow pharmacists to prescribe contraceptives (without a CPA): California, Colorado, District of Columbia, Hawaii, Idaho, Maryland, New Mexico, Oregon, Utah, and West Virginia.

Detailed description of current authority

Accessible to NASPA Members Only, Please Log-In

Advocacy

- [Contraceptive Prescribing Infographic](#)
- [Minnesota Pharmacists Association Issue Brief](#)

News

- [Oregon pharmacists wrote 10% of all birth control prescriptions since landmark law passed \(5/15/19\)](#)
- [Bill Seeks to Reduce Unplanned Pregnancies by Making Birth Control More Accessible \(WV; 4/15/19\)](#)
- [Utah pharmacists can issue prescriptions for birth control \(3/27/19\)](#)
- [You can get birth control without a doctor's prescription in California, but there's](#)

Resource Topics

- ▶ [APMS](#)
- ▶ [Communications](#)
- ▶ [Federal Issues](#)
- ▶ [State Association Management](#)
- ▼ [State Policy](#)
 - [View All](#)
 - [State Level Provider Status](#)
 - [Scope of Practice](#)
 - [Business of Pharmacy](#)
 - [Other State Policy Issues](#)
- ▶ [Meeting Materials](#)

Recent Resources

- [Pharmacist Prescribing for Tobacco Cessation Medications](#)
- [Pharmacist Prescribing for Hormonal Contraceptive Medications](#)
- [2019 NASPA/Pharmacists Mutual Leadership Conference](#)
- [Vaccination Authority](#)



ASHA Patient Resources

- Promotes the sexual health of individuals, families and communities
- Videos (for patients and HCP), podcasts, posters, handouts



Pregnancy and the HIV Test

\$17.50

Add to cart



Questions and Answers about HPV

\$17.50

Add to cart



Questions and Answers About Women and Genital Herpes

\$17.50

Add to cart



Sex Talk: Making Love Better, Healthier

\$17.50

Add to cart



Ten Things to Know About Female Condoms

\$0.99

Add to cart



Ten Things to Know About Oral Sex

\$0.99

Add to cart



Ten Things to Know About Using a Condom (Correctly)

\$0.99

Add to cart



Ten Things to Know about Women's Health

\$0.99

Add to cart





APhA Women's Health Resources

Pharmacist.com → Log in →
“Get Involved” → “APhA-ASP”
→ “Projects & Programs” →
APhA-ASP national patient care
and community service projects
“Women’s Health Campaign”

APhA-ASP Women's Health Campaign

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Apply



The APhA Academy of Student Pharmacists (APhA-ASP), with the support of Merck, and the American Sexual Health Association (ASHA), is committed to addressing the health education needs of women across the country. We recognize women's health is community health. During the Fall of 2018, APhA-ASP chapters will work within their communities and on campuses to conduct programming that will:

1. Increase student pharmacist awareness of the needs for women's health education and opportunities for student pharmacists to conduct programming in the community
2. Provide education on the HPV vaccine and increase understanding of the HPV vaccine use in cancer prevention
3. Provide education on the pharmacist's role in reproductive health, including hormonal contraceptive options and



APhA Women's Health Resources

Increasing Access to Hormonal Contraceptive Products

Many states now allow pharmacists to prescribe hormonal contraceptives to increase and ensure patient access. This 4-hour online interactive training program will prepare pharmacists to discuss the hormonal contraceptive options available to prescribe, furnish or dispense, in accordance with state laws. This training meets the requirements for most states that currently allow pharmacist-furnished contraception.

Test Your Knowledge - HPV Quiz

As immunization providers, pharmacists have an important role in public health and protecting patients from vaccine-preventable diseases. CDC's Advisory Committee on Immunization Practices (ACIP) recommends the HPV vaccine for specific populations. Test your knowledge of HPV immunization with this short quiz.

APhA-ASP Women's Health Campaign Presentation

During the 2018 APhA-ASP Summer Leadership Institute, chapter leaders received background information and examples of chapter activities in the area of women's health. You can also review this [article from *Pharmacy Today*](#) on women's health issues for programming ideas.

APhA-ASP Women's Health Campaign Webinar



What's Up at Your Chapter?





The Numbers!

- Number of individuals reached through education → **150,437**
 - HPV Vaccine: **129,674**
 - Reproductive Health: **3,063**
 - Hormonal Contraceptives: **966**
 - Pregnancy Wellness: **851**
 - Cancer Prevention: **9,910**
 - Cardiovascular Health: **2,381**
 - Osteoporosis Prevention: **656**
 - Others educated: **1,827**
- Number of individuals educated through public relations initiatives → **648,884**



Women's Health Campaign Goals

1. Increase student pharmacist awareness of the needs for women's health education and opportunities for student pharmacists to conduct programming in the community
2. Provide education on the HPV vaccine and increase understanding of the HPV vaccine use in cancer prevention
3. Provide education on the pharmacist's role in reproductive health, including hormonal contraceptive options and access to hormonal contraceptives
4. Promote the profession of pharmacy and the role of pharmacists as a women's health resource



Why Get Involved?

- Growing need in the community as women become more proactive with personal health and wellness
- Increasing opportunity for pharmacists and student pharmacists to serve
- Projects currently happening at several APhA-ASP Chapters



Tips

- January is Cervical Health Awareness Month
- Incorporate with other APhA-ASP Patient Care Projects
- Topics can include heart health, STDs, bone health, cancer, appropriate screenings, methods of birth control, OTC medications safe in pregnancy
- The CDC: <https://www.cdc.gov/women/index.htm>
- <https://www.womenshealth.gov/>



Women's Health Campaign Process

Sessions at MRM

3 APhA-ASP chapters will be selected to present posters on their campaign during APhA2020

Future → Complete online submission form due June 15, 2020

- List key statistics
- Describe activities
- Share photos and supplemental material

Logos, webinar recordings, resources, and reporting information available on:
pharmacist.com/apha-asp-womens-health-campaign

Questions?

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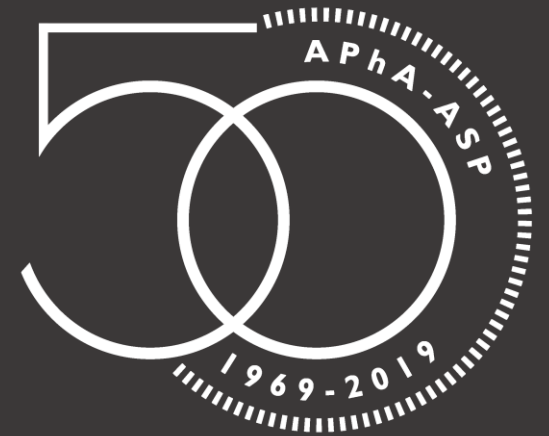
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